

FRIDAY 17<sup>TH</sup> MARCH

B1 = Ballroom 1 B2 = Ballroom 2 B3 = Bastille

8:00	REGISTRATION		
9:00	<b>B1+2 Welcome to Country / Natalie Cook</b> (NHAA President)		
9:10	<b>B1+2 Judy Jacka</b> (Jacka Foundation) – Reflections on Forty-five years of Herbal & Naturopathic Practice		
9:30	<b>B1+2 International Keynote 1A – Dr Tabatha Parker</b> Global Naturopathy: WHO Policies, GMOs, Biopiracy and the Future of Medicine		
10:30	MORNING TEA		
	Cancer	Education	Research
11:00	<b>B1 Prof Kerry Bone</b> Can Herbs and Phytonutrients play a credible role in the prevention of cancer?	<b>B2 Dr Andrea Bugarcic</b> Embedding critical enquiry skills into complementary medicine curriculum: development of a framework to support critical inquiry in complementary medicine education programs	<b>B3 Dr Cathy Avila</b> Evaluating the risk of herbs in pregnancy: bad science is bad news
11:20	<b>B1 Dr Janet Schloss</b> Thriving after cancer: how to support a patient with or after cancer	<b>B2 Randa Karzon</b> The necessity of including comprehensive psychotherapy within naturopathy and herbal medicine degrees	<b>B3 Dr Hans Wohlmut</b> Phytochemical investigations of Jiaogulan ( <i>Gynostemma pentaphyllum</i> ), a traditional Asian medicinal plant with anti-obesity activity
11:40	<b>B1 Jennifer Webster</b> An integrative holistic approach to cancer	<b>B2 Dr Jeff Flatt</b> A proposal for an academic philosophy culture	<b>B3 Laurence Katsaras</b> Turmeric and the role of inflammation in managing depression: a randomised double-blind placebo-controlled trial
12:00	<b>B1 Manuela Boyle</b> An overview of the use of natural compounds to reduce drug resistance in conventional cancer therapy: the role of polysaccharide krestin (PSK)	<b>B2 Helene Diezel</b> Postgraduate research education in complementary medicine and the need for extensive and well-rounded education and training to influence contemporary health research	<b>B3 Dr Hans Wohlmut</b> DNA barcoding in the authentication of herbal materials and products – a valid and useful approach?

## Poster Session

- 12:20
- (1) **Danielle Brown**: Systematic literature review on medicinal cannabis for cancer;  
 (2) **Candace Borg**: Mental health disorders are higher in the vegetarian/vegan (veg\*n) population;  
 (3) **Dr Hans Wohlmut**: Adulteration of tea tree oil in Australia and overseas;  
 (4) **Bilquis F Ara**: Mistletoe extract and lectin reduce melanoma growth through promotion of apoptosis and phagocytosis;  
 (5) **Diana Bowman**: Does herbal medicine assist breastfeeding mothers with an insufficient milk supply

12:40	LUNCH		
	Cancer	Mental Health	Herbal medicine
1:40	<b>B1 Symposium Keonie Moore</b> The Role of Complementary Therapists in Breast Cancer: an integrative adjunctive care model <b>Additional speakers:</b> Shannon Carlin, Eve Francis	<b>B2 Workshop Dr Erica McIntyre</b> Using psychometric assessment tools in the clinical management of mental health	<b>B3 Workshop Dr Sue Evans</b> Broadening our appreciation of medicinal plants: storytelling in a time of science
2:40	<b>B1 Panel Discussion Dr Janet Schloss</b> Collaboration in Oncology: How the Medical Fraternity and Complementary Medicine can best work together for the benefit of the Patient <b>Additional speakers:</b> Dr Maree Colosimo, Marcia Watts		
3:20	AFTERNOON TEA		
3:50	<b>B1+2 Dr Jon Wardle</b> World Naturopathic Federation Update		
4:20	<b>B1+2 International Keynote 2A – Dr Dugald Seely</b> Overview of Integrative Oncology Practice		
5:20	<b>B1+2 Mr Antony Nicholas</b> The journey to mainstream: lessons learnt from osteopathy in Australia		
5:50	<b>B1+2 Welcome Reception</b> Soiree Deck		
7:20	<b>B1+2 Faculty Dinner (Invitation only)</b> Concorde Room Level 2		

SATURDAY 18<sup>TH</sup> MARCH

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7:00	<b>VIP Breakfast: Dr Tabatha Parker</b> <i>Odeon Room</i>		
8:30	<b>B1+2 National Keynote 3A – Justin Sinclair</b> Cannabis and the Endocannabinoid system		
9:30	<b>B1+2 International Keynote 2B – Dr Dugald Seely</b> An exploration of issues, science and examples of drug/herb interactions in cancer		
10:30	<b>MORNING TEA</b>		
	<b>Cardiovascular disease</b>	<b>Complex care</b>	<b>Research</b>
11:00	<b>B1 Dwan Vilcins</b> The effects of environmental hazards on cardiovascular disease	<b>B2 Nicole Hannan</b> Increasing necessity for CAM practitioner awareness about eosinophilic oesophagitis	<b>B3 Dr Jane Frawley</b> Children's use of complementary medicine in Australia
11:20	<b>B1 Dr Bradley McEwen</b> Cardiometabolic disease and herbal medicine: new insights to an old foe	<b>B2 Dr Karen Bridgman</b> Hepatitis C: the new antivirals and potential herbal adjuvants	<b>B3 Hope Foley</b> Patient-centred care, empathy and empowerment in CM clinical practice
11:40	<b>B1 Ian Breakspear</b> Cardiovascular complexity - the intricate case of Miss T	<b>B2 Linda Bates</b> Dosing with fresh herb tinctures for acute and chronic conditions	<b>B3 Dr Jeff Flatt</b> Strengthening clinical reasoning
12:00	<b>B1 Sandy Watts</b> The naturopathic management of Type 2 diabetes: a case report	<b>B2 Sally Chick</b> Aiding recovery in ice addiction - short and long term treatment goals via naturopathic interventions	<b>B3 Joshua Sutherland</b> Understanding how CAM practitioners relate to and interpret evidence in clinical practice
	<b>Poster session</b>		
12:20	<p><b>(1) Cynthia Mathew:</b> Natural Exportin 1 (XPO1) inhibitors as antiviral agents against Respiratory Syncytial Virus (RSV);</p> <p><b>(2) David Casteleijn:</b> Is individualised herbal medicine practice effective for relieving anxiety and/or depression? A naturalistic observation study;</p> <p><b>(3) Dr Hans Wohlmuth:</b> Pyrrolizidine alkaloids in herbal medicines – re-emergence of an old threat?</p>		

12:40	<b>LUNCH</b>		
	<b>Evidence for clinical care</b>	<b>Mental health</b>	<b>Research</b>
1:40	<b>B1 Symposium Dr Janet Schloss</b> Investigating the pharmacological connection between methylene tetrahydrofolate reductase (MTHFR) enzyme deficiency and use of complementary medicine supplements such as Activated B Vitamins <b>Additional speakers:</b> Dr Nitish Agrawal, Daniel Baden	<b>B2 Workshop Dr Stuart Glastonbury</b> Calming the chaos - skills in the assessment and management of the acutely suicidal patient for complementary medicine	<b>B3 Workshop Dr Andrea Bugarcic</b> From molecules to health outcomes - ever wondered how to critically analyse molecular biology, cell biology and clinical <b>Additional Speakers:</b> Dr Michael Watson, Dr Daniel Andrews
2:40	<b>B1 Workshop Dr Susan Arentz</b> Evidence based clinical practice for naturopaths and herbalists		
3:20	<b>AFTERNOON TEA</b>		
3:50	<b>B1+2 Simon Mills</b> Plants and the microbiome		
4:20	<b>B1+2 Dr Jason Hawrelak</b> Modifying the Microbiota in Metabolic Disease: An Under-utilised clinical approach		
4:50	<b>B1+2 Dawn Whitten</b> Unsoothable infants - GORD an unhelpful diagnosis		
5:20	<b>B1+2 Prof Kerry Bone</b> A fresh look at Phytotherapy for cardiovascular disease		
7:00	<b>DINNER</b>		

SUNDAY 19<sup>TH</sup> MARCH

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8:30	<b>B1+2 International Keynote 1B – Dr Tabatha Parker</b> The Nuts & Bolts to Community Health and Naturopathy		
9:30	<b>B1+2 National Keynote 3B – Justin Sinclair</b> Cannabis phytochemistry and the Entourage effect		
10:30	<b>MORNING TEA</b>		
	<b>Advancing practice</b>	<b>Advancing the profession</b>	<b>Late-breaking</b>
11:00	<b>B1 Keonie Moore</b> Point of care screening and the role of complementary medicine practitioners in the detection of modifiable risk factors	<b>B2 Dr Amie Steel</b> The Practitioner Research and Collaboration Initiative (PRACI): initial findings and future directions <b>Additional speakers:</b> Dr Jon Wardle, Dr Matthew Leach, Dr Janet Schloss	<b>B3 Dr Carrie Jones</b> 11bHSD1 - The cortisol enzyme ruining your weight loss efforts!
11:20	<b>B1 Amina Eastham-Hillier</b> Mould sensitivities and mycotoxins: how to diagnose, accurately test and successfully treat using herbal medicine		<b>B3 Trent Wrightson</b> Proposed update of clinical guidelines for naturopaths and herbalists working within the integrative care of people living with HIV
11:40	<b>B1 Dawn Whitten</b> Treating through the mother – prescription considerations for young infants		<b>B3 Daniel Robson</b> Beyond the prostate: recent insights into the causes and treatment of lower urinary tract symptoms in men
12:00	<b>B1 Mim Beim</b> Breathe well: The fascinating science behind how breathing well can improve health	<b>B2 Angela Doolan</b> The right to health, naturopathy and Western herbal medicine in international human rights law	<b>B3 Phil Rasmussen</b> Clinical application of Ginkgo, Ginger and Ginseng (the '3 G's'), as adjunctives to drug treatments for chronic health conditions

12:20	<b>B1 Belinda Robson</b> Down syndrome: naturopathic support in a research vacuum	<b>B2 Andy McLintock</b> Military intelligence and the naturopathic consultation... not too dissimilar	<b>B3 Kristie Harper</b> A traditional based guide for the development of a traditional liquid reishi extract
12:40	<b>B1 Dr Carrie Jones</b> Is it PCOS or are your adrenals overreacting?	<b>B2 Amina Eastham-Hillier</b> The importance of professional collaboration for naturopaths, herbalists and general medical doctors	<b>B3 Dr Amie Steel</b> Finding the balance in tradition and science: the perspective of students, educators and professional leaders in naturopathy
1:00	<b>LUNCH</b>		
1:30	<b>B1+2 NHAA Members Forum</b>		
2:00	<b>B1+2 Dr Matthew Leach</b> Making sense of integrative healthcare		
2:40	<b>B1+2 Rebecca Reid</b> The traditional naturopathic treatments utilised for the management of endometriosis		
3:20	<b>B1+2 Helene Diezel</b> Tradition and science: are they mutually exclusive and the way forward now <b>Speakers:</b> Rebecca Reid, Dr Sue Evans, Dr Matthew Leach, Dr Amie Steel, Randa Karzon		
4:20	<b>B1+2 Closing remarks:</b> Natalie Cook (NHAA President)		
4:30	<b>FINISH</b>		