

Complimentary on-demand webinar

Black cohosh and menopause A clinical perspective

You're invited to watch our micro-webinar providing a clinical and evidence-based approach for the use of black cohosh in menopause.

Now available on the education section of the Flordis health professional website.

Dr Petra Stute discusses the clinical management of menopause, and reviews the current therapeutic combinations and research in the use of black cohosh and the specific extract Ze 450.

From an expert in menopause and health professional perspective, Dr Stute answers many of the commonly asked questions when prescribing black cohosh and Ze 450.

A research review of the latest evidence examining Ze 450 in menopausal weight gain is also included.

Some of the questions answered

- How effective is black cohosh in reducing hot flushes and other symptoms?
- Are there long term prescribing risks?
- Can black cohosh be used with MHT?



Our speaker's background

Dr Petra Stute is the head of the Gynecological Endocrinology & Menopause Center in Switzerland, the president of the Swiss Menopause Society, and on the board of the European Menopause and Andropause Society (EMAS). She is also a published author and co-author of an extensive number of papers in leading scientific and medical journals.

What is a micro-webinar?

Flordis micro-webinars last for 20-30 minutes. We know that you're busy, so we've developed these webinars for health professionals who want to keep up to date with the latest research and evidence on the go. Upon completion of the webinar, you will be able to download a participation certificate and a learning summary statement.



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