

MISSED THE LIVE SYDNEY EVENT?

ANNOUNCING THE RE-RELEASE OF THE VIDEO RECORDING!

FINDING BALANCE WITH HORMONES

FULL DAY WORKSHOP

AN IN-DEPTH LOOK AT THE HPA AXIS, THE HPO AXIS AND THE HPG AXIS

FOR A LIMITED TIME ONLY

After the fantastic feedback we received following the Sydney full day workshop in August, we are very pleased to announce the re-release of the video recording and slides, for a limited time only!

REGISTER NOW - ONLY \$379

BONUS: All who register will be sent a FREE DUTCH Complete test which is valued at \$379!

HOW IT WORKS

The seminar recording has been split into 6 sessions (or 'lessons') of approximately 1 hour each. Each lesson will be released on a weekly basis beginning Thursday, 1st November. **ALL LESSONS WILL THEN EXPIRE ON THURSDAY 28th FEBRUARY 2019.** (You must watch all lessons before the expiration date).

HOW DO I SIGN UP?

Register via edu.RNLabs.com.au.

Upon registering, you will gain instant access to the on-screen notes, however access to the video/s will not start to become available until the 1st November. You can still register up until 31st January 2019.

Your FREE DUTCH Complete test kit will be sent to your address upon your registration.

You will also gain ongoing access to the on-screen notes, even after the videos expire.

PRESENTED BY WORLD
EXPERT IN HORMONES,
DR. CARRIE JONES, ND, MPH



Dr. Carrie Jones' passion and expertise lies in the areas of hormonal, adrenal, and thyroid health. She recognises that imbalance can occur at any age and believes it is important to look at the big picture such as the appropriate use of lab testing.

Dr. Jones graduated from the National University of Natural Medicine (NUNM) in Portland, Oregon then went on to complete her residency in women's health, endocrinology and hormones. Later she graduated from Grand Canyon University's Master of Public Health program with a goal of doing more international work and health empowerment. Dr. Jones is an adjunct professor at NUNM and regularly consults, lectures, and writes on the topic of hormones, thyroid, adrenals, autoimmune and more both nationally and internationally.

As the Medical Director for Precision Analytical, Inc., her goals are to provide ongoing cutting edge integrative clinical education to the large network of providers paving the way of healthcare with functional medicine.

PROUDLY BROUGHT TO YOU BY



LESSON RELEASE DATES

Lesson 1: Thurs 1st Nov • Lesson 2: Thurs 8th Nov • Lesson 3: Thurs 15th Nov
Lesson 4: Thurs 22nd Nov • Lesson 5: Thurs 29th Nov • Lesson 6: Thursday 6th Dec

LESSON RELEASE TIME:

4 pm QLD | 5 pm NSW / ACT / VIC | 4:30 pm SA | 2 pm WA | 3:30 pm NT

TOPICS COVERED

LESSONS 1-3: THE HPA AXIS FOR MEN AND WOMEN



- ✓ Understand what the adrenals do
- ✓ Understand cortisol's main jobs
- ✓ Differentiate between anabolic and catabolic patients
- ✓ Understand DHEA and Melatonin
- ✓ Debunk 'Adrenal Fatigue' and why
- ✓ Understand different testing forms focusing on DUTCH testing
 - Examining the 4 common patterns as seen on DUTCH testing and how to address them
- ✓ Review Organic Acids as it relates to DUTCH test results

LESSONS 4-5: THE HPO AXIS FOR WOMEN



- ✓ Understand the HPO axis
- ✓ Differentiate between the female stages of life and quickly review the menstrual cycle
- ✓ Understand estrogen and progesterone's main jobs
- ✓ Understand prolactin, testosterone, 5a-reductase, and SHBG...etc.
- ✓ Understand different testing forms focusing on DUTCH testing
- ✓ Discuss cancer risk/Phase I and II Detoxification of Estrogen and how to address it
- ✓ Understand and address PCOS on the DUTCH test
- ✓ Understand common core female concerns such as estrogen dominant symptoms (ie. PMS), estrogen deficient symptoms (ie. menopause) and the androgens (ie. no sex drive) and how to address them per the DUTCH test
- ✓ Review Organic Acids as it relates to the HPO DUTCH test results

LESSON 6: THE HPG AXIS FOR MEN



- ✓ Understand the HPG axis
- ✓ Understand how male hormones and sperm are made
- ✓ Understand the main male sex hormone's jobs
- ✓ Understand SHBG, prolactin, Estrogen role in men
- ✓ Review gonadal and HPG conditions
- ✓ Understand different testing forms focusing on DUTCH testing
 - Understand how to address common things seen on DUTCH such as low androgens, high estrogen and elevated 5a-Reductase
- ✓ Learn comprehensive treatment options for patients
- ✓ Discuss cancer risk