

Trained through the University of Western Sydney and as winner of the UWS Dean's Award Shona Taranto is a caring, dedicated and skilled Naturopath.

Her strength as a clinician is her ability to develop holistic and logical health plans specific for each patient and she thrives on helping people take charge of their health and get the most out of life.

Alongside private practice, Shona and her partner own and operate a farm growing salad greens, herbs and edible flowers. This business sees all its hand picked delights sold direct to the public at the Farmers Markets as well as select restaurants in Sydney. The operation has gained momentum and in 2017 they were excited and humbled to receive state winner in Delicious Produce Awards for NSW in 'from the paddock' category.

The farm is located on the pristine far South Coast NSW. Expanding in the near future, the vision is to interweave growing production with education, tours and day workshops. Shona looks forward to sharing all the farm has to offer with like-minded professionals and members of the community.

Shona also owns and operates a small Herbal Dispensary and store, called The Dispensary at Cobargo, in the local village hub of Cobargo NSW.

Shona would like to see the NHAA membership grow in the near future and looks forward to contributing to this goal. She hopes to bring her passion, dedication to the profession and zest for giving back to her community to the NHAA membership as a member of the Board.

Qualifications

- Graduate Diploma in Naturopathy (Distinction) UWS
- Bachelor of Health Science (Naturopathic studies) (Distinction) UWS
- Cert. IV in Remedial Massage